

Press release

LETS get together!

Coventry Local Exchange and Trading Systems is holding an Open Day on Saturday, 15 June at the Grapevine Drop-in Centre, Doe Bank Lane, Spon End. Admission free and light refreshments will be available free of charge.

LETS is an exciting and enterprising initiative that enables people to:

- offer goods and services in exchange for local currency. In Coventry the unit of currency is the Cov – 1 Cov is equal to £1 sterling.
- use their talents to the full
- develop their skills and abilities
- get to know others in their community.

In addition to the trading which goes on within the city, LETS members meet together socially around once a month, share a meal and buy and sell goods using their local unit of currency. It's a really good way of getting to know people.

LETS is run by and for local people, creating wealth which stays in the local area. Some of the goods and services traded through LETS include:

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|--------------------|-----------------------------------------|
| • computer tuition | • practical services – electrical work, |
| • home baking | painting, decorating, gardening |
| • organic foods | • handcrafted greetings cards |
| • gardening advice | • shopping |
| • tool hire | • alternative therapies – head |
| • jewellery | massage, reiki, aromatherapy |

MORE

At the Open Day, there'll be the chance to see and sample some of these goods and services. There'll also be the opportunity to take part in our competition – the prize is a free years' membership of Coventry LETS.

The Open Day will also showcase the work of the Grapevine Centre. Grapevine is a drop-in centre for people with learning difficulties in Coventry. It offers people:

- the chance to try something new and challenging
 - an opportunity to be actively involved in their community
 - a place to meet friends
 - a self-advocacy project to enable people to speak up about the things that affect their lives.
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Notes for Editors:

- 1 Founded in Canada in 1983, Coventry LETS has flourished to become a popular means of trading within local communities throughout the world. It is now operating in over twenty countries and boasts many thousands of participants worldwide.
- 2 Coventry LETS is one of many throughout the UK. Membership is currently 70 strong and is still growing.
- 3 Media enquiries – contact Amanda Kay or Richard Kay on 024 7626 4171 for further information.